

# Parent lesson plans for Confirmation in restored order.

Follow the numbers.

## 4 We grow in holiness

**Baptism** begins our journey of faith.

**Confirmation** makes us stronger.

Soon we will receive **Holy Communion** and be a full member of the Church.



### How do we grow in Faith?

- To be holy is to be **close to God**
- It is to **do what God wants**
- The Holy Spirit makes us holy
- The **gifts of the Spirit** are the “tools” we need
- We are in the process of **growing up Catholic**

**God loves YOU!**

1 In this session, we come to the end of the preparation process for Confirmation in restored order. Here we want to connect the three sacraments of initiation again. You might use the words “**sacraments of entering the church**” if it’s more understandable to your child.

2 We want you and your child to understand that **holiness** comes by our relationship with the Holy Spirit. The Spirit makes us holy by leading us to love, understanding, wisdom, and the other gifts we have treated in past lessons.

3 **Pray** this with your child, helping them find their way through it as the leader guides you.

When the time comes, help them write **the items on the slips of paper** as called for by the prayer leader.

5 At the conclusion of the prayer, the leader will invite the children to circle any word or picture which caught his or her eye or ear. Help your child to do this and share your own ideas with your child.



**Prayer Celebration:**  
A prayer to confirm our faith and prepare us for the Sacrament of Confirmation

*Begin with the Sign of the Cross. Everyone say it aloud together.*  
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Leader: We thank you, Jesus, for giving us Baptism, where we received grace to be children of God.

Parents & Children: Jesus, we love you. We want to love you more!

Leader: Help us prepare for the Sacrament of Confirmation.

Parents & Children: Open our hearts to your Holy Spirit.

Leader: Let us open our hearts now to hear God’s word and to grow in our faith.

Reader: *Please listen now to God’s Word from the Bible: (Philippians 1:3-6)*  
A reading from the Letter to the Philippians...  
... This is the Word of the Lord  
All: Thanks be to God!

Listen to the Leader:  
*Each child and adult in their own way or on the slip of paper what personal commitment they will make to live their faith after being confirmed.*

All: *(pause after each line)*  
Jesus, we accept your invitation  
to grow closer to you in love  
and to be confirmed in our faith.  
Please bless us and be with us. Amen.



Session 4: Confirmation in Restored Order Child Text Growing Up Catholic

### Living Our Faith

For each item below, circle the ones God wants you to do.

- Love God above all **OR** love myself most
- Be kind to everyone **OR** only be nice to my friends
- Always tell the truth **OR** sometimes tell lies
- Always obey your parents **OR** only if you want to
- Ignore your teachers **OR** do what they tell you
- Skip Mass if you want **OR** attend Mass on Sunday
- Be satisfied with what you have **OR** always want something new and shiny
- Keep everything to yourself **OR** share your things with others
- Never steal anything **OR** take things that aren't yours
- Treat others like you want to be treated yourself **OR** be mean to some and nice to others


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1 This is a complex exercise for young children. You will have to help your child understand the choices being offered here.

The life of faith comes down to this. We choose to follow the teachings of Jesus, or to go our own way.

2 You must help your child understand, however, that it is not always crystal clear. Sometimes **there is a gray area** where we are somewhere between “perfection” and “sinfulness.” Review each of these with your child, explaining the gray areas.

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### Meeting Jesus in the Bible


At baptism, we become friends with Jesus, who is our friend first. He chooses us because he loves us very much.

#### Jesus Teaches Us How to Live a Holy Life

Jesus was teaching the people and this is what he said.  
 We should love our enemies and do good to those who hate us.  
 We should offer a blessing to those who do mean things to us.  
 If someone strikes you on the cheek, we should offer the other as well.  
 Give to everyone who asks something from you.  
 Do unto others as you would have them do to you.

If you love only those who love you, what good is that?  
 Even sinners can do that!  
 If you are good only to those who do good to you, what good is that?  
 Even sinners do the same!

Do good. Love others.  
 You will receive a big reward from God.



(Based on Luke 6:27-36)

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3 Begin by showing your child a **Bible**. Open it to show them this passage.

4 Tell them that we are going to read this story in words that we understand better.

5 Then close the Bible and ask them to read this passage aloud. Help them when needed.

6 Show them the **picture** and ask your child to retell this in his or her own words. Help them where needed.

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**Color this picture together...**



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1 Time for a break! Help your child **enjoy** coloring this image of these children.

Coloring time is a good time to be close to your child without necessarily talking about faith.

Don't be afraid to **put your arm around your child** during this time. Affirm your child often during this lesson!

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**The Sacrament of Confirmation**  
The final blessing and being sent forth



- At the end of Confirmation, the bishop tells us to go and live what we believe
- This means we should follow what Jesus and the Church tell us

We receive the \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

to help us.


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1 As we end the preparation process, it is important for your child to understand that in this sacrament, as in all others, **we are sent out to live our faith.** Confirmation strengthens us.

Ask your child to name one or two ways he or she will do this. How will your child live the Faith?

2 Help your child complete this sentence. The missing words are Holy Spirit.

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At home this week  
Work on this together at home as a way of continuing the process of preparing for the Sacrament of Confirmation.

**Make a Plan!**  
In each empty box, write one way you will live your faith in order to prepare to celebrate the Sacrament of Confirmation.

| What happens  | What I will do |
|---|----------------|
| Someone at school was mean to me and I want to get back at them |                |
| My mom or dad asks for my help but I want to watch TV instead   |                |
| I don't really want to say my prayers before meals or bedtime   |                |
| I did something wrong and I feel bad about it                   |                |

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1 This exercise helps you continue the discussion started above. How do we live our faith? The answer is that we find ways in daily life to allow the Holy Spirit to guide us. We allow this. We also can block the Spirit because we have free will.

2 Some possible responses to these might include:

**A** = forgive them; talk to your parents about this

**B** = I try to think of others more than myself and I give mom and dad the help they ask for

**C** = even though praying takes time, we find the time to talk with Jesus because he is our friend

**D** = talk to your parents about it