

# 6

We Are Sent Out  
to change the world!



We Are  
Sent!

## We Gather Together

- Before Mass ends, the Priest **blesse**s us
- He asks us to go home and **help Jesus**
- We leave **different** than we arrived
- Now we have Jesus with us in a special way
- We are **changed** by Jesus
- We plan how to love more and avoid sin

**We are the People of God!**



## **Prayer Celebration: Growing up Catholic means we Gather with God's People**

### **A Prayer to Accept God's Grace – and to Change the World!**

**Everyone begins by making the Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

**Leader:** Jesus, thank you for coming to us in Holy Communion.

**All:** We love you with all our hearts.

**Leader:** Thank you for sending the Holy Spirit to us to make us strong.

**All:** We love you with all our hearts.

**Leader:** Thank you for restoring our friendship with your Father in Heaven.

**All:** We love you with all our hearts.

Please listen to the Reader now.

**Reader:** A reading from the First Letter of John (4:7-10)

**(At the end of the reading:)** This is the Word of the Lord

**All:** Thanks be to God!

Please listen to the leader.

**When the time comes, please bring up your slip of paper with your promise to Jesus written on it. Place it here on this table.**

Let us pray together

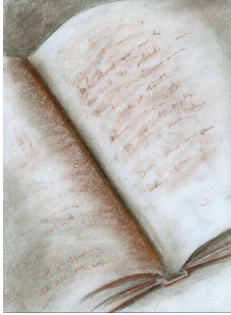
**(please pause after each line)**

Oh God, our Father in Heaven,  
thank you for sharing your son, Jesus, with us  
and for calling us to be your own children.

Thank you for loving us so much!

Help us to love each other  
and to live as part of your family.

We ask this through Christ, our Lord. Amen.



## Meeting Jesus in the Bible

Jesus asks us to help him. He wants us to love others and show them what God is like.

### Jesus Asks us to Help Him

After Jesus died, his friend Peter decided to go fishing.

His friends went with him  
but they did not catch any fish  
even though they tried all night.

In the morning, they saw someone standing on the shore  
but they did not know it was Jesus.

“Did you catch any fish?” he asked them.

They answered, “No.”

“Throw your net out on the other side of the boat,”  
he told them.

“There are lots of fish there.”

So they did, and caught  
a huge amount!

Then they saw  
that it was Jesus!

They went ashore and  
had a meal with him.

Then Jesus asked Peter  
“Do you really love me?”

“Yes, Lord, I really do  
love you,” Peter said.



“Then feed my sheep,” Jesus told him.

*(Based on John 21:1-17)*

## Go in peace to love and serve Helping Jesus

### **How do we love and serve Jesus? How do we help him “feed his sheep”?**

Read each situation. Then tell or draw what you would do as a friend of Jesus to help this person.

A friend feels sad because others laughed at him	
Your mom needs help with chores around the house	
Your sister feels sick and she can't go to school	
Your dad asks you to help with the lawn because he hurt his back	
You see a new child in your class is sitting all alone at lunch	
You saw a friend steal something from the store	
Your grandmother wants you to visit, but you'd rather play with friends	

## Words to Know

### About the Mass and Holy Communion

Place the proper letter by each word to define it.

- |                              |   |
|------------------------------|---|
| ___Altar                     | <b>1</b> What we say at the end of a prayer   |
| ___Chalice                   | <b>2</b> When we offer gifts to God at Mass - ourselves, money, bread & wine        |
| ___Consecration              | <b>3</b> The wafer of bread we use at Mass which becomes Jesus' body                |
| <u>12</u> Eucharistic Prayer | <b>4</b> When we offer those around us a sign that we forgive them before communion |
| ___Gospel                    | <b>5</b> What the Priest gives us at the end of Mass to help us serve Jesus         |
| ___Homily                    | <b>6</b> The special table which we use at Mass                                     |
| ___Host                      | <b>7</b> The special cup that holds the wine which becomes Jesus                    |
| ___Last Supper               | <b>8</b> The last meal Jesus had with his friends just before he died for us        |
| ___Offertory                 | <b>9</b> What Jesus did for us to show how much God loves us                        |
| ___Penitential Rite          | <b>10</b> The reading from the Bible which tells about Jesus                        |
| ___Amen                      | <b>11</b> The part of the Mass when the Bread & Wine become Jesus                   |
| ___Sacrifice                 | <b>12</b> The special prayer which the Priest prays during Mass                     |
| ___Sign of Peace             | <b>13</b> When the Priest talks and helps us understand the readings                |
| ___Blessing                  | <b>14</b> The part of the Mass when we say we're sorry for our sins                 |
| ___Being sent forth          | <b>15</b> When the Priest asks us to go home and help Jesus                         |

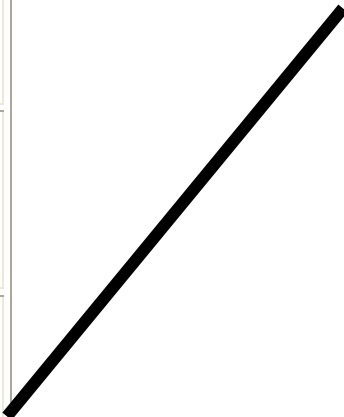
# Color This Picture



# The Sacrament of The Eucharist

## The Whole Mass

**Draw a line to identify each part of the Mass.**

What happens at Mass		Name the part of the Mass
We all arrive and gather		Lord's prayer and sign of peace
We tell God and each other that we are sorry for our sins		The Offertory and Preparation of the gifts
We listen to the Bible and hear the Priest explain it		The Eucharistic Prayer
We offer ourselves, and we offer Bread and Wine		The Liturgy of the Word
The Priest prays a special prayer and the Bread and Wine become the Body of Christ		The Lord have mercy
We pray the Our Father and give each other a sign of peace		The Greeting and Opening Prayer
We receive Holy Communion		The Blessing and Sending Forth
We are sent to help others and serve Jesus		Holy Communion



## At home this week

Work on this together at home as a way of continuing the process of preparing for the Sacrament of the Eucharist

### Three ways to help your child in the final preparation for Holy Communion this week – and always!

#### 1. Create a home filled with love

- Affirm your child every single day!
- Sit with him or her often and talk about what's happening in his or her life
- Share meals as often as possible, even if it means putting off other things such as TV, sports, shopping, or other things
- Bless your child every night. Use the words, "Good night, God bless you. We (or I) love you."

#### 2. Review the lessons of Growing Up Catholic

- Pay special attention to this last lesson
- Help your child rehearse for Holy Communion – don't be afraid to play-act the reception of Communion itself
- Collect together all the pages of Growing Up Catholic and create a booklet for your child
- Make sure your child grows to love the Eucharist – by seeing how much you love it yourself, even if you don't receive it very often

#### 3. Be a part of the parish community

- You are welcome at Sunday Mass each week.
- Please come and celebrate with your child.
- If you are in a situation where you cannot receive Communion yourself, let your child know how much you desire it for yourself.
- If your spouse or partner does not come to Mass, make sure he or she feels welcome! Your child will only have the faith which you implant in him or her by how they see your faith.