# **Getting Started**

#### "Why Coach Parents?" Resource Kit (FREE)

• Get started with concise handouts and excellent articles.



 Share this vision with your team using this presentation & workshop kit.

#### Parent Introductory Event Kit

• Facilitate a conversation among leaders and parents.



#### Growing Up Catholic Leader Training Workshop

 Invite us to your diocese or deanery to present our workshop for your leaders.

### Learn More!

**Call us** for unlimited free coaching or to get your questions answered. Reach us 9am to 5pm CDT weekdays: 1-844-727-8672 (toll free).



**Email us** any time at info@growingupcatholic.com.

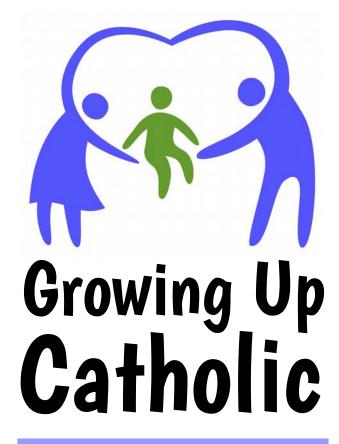


**Visit our website** to view free resources, product samples, and more at GrowingUpCatholic.com.



**Subscribe** to our monthly emails to join the coaching parents community, hear about free resources, and stay up to date: GrowingUpCatholic.com/subscribe.

Growing Up Catholic is a ministry of The Pastoral Center.



Faith Formation that Lasts a Lifetime

- Curriculum that coaches parents to share their faith with their own children
- An approach that evangelizes, forms, and empowers parents
- Turn your catechists into coaches and your parents into catechists

"The role of parents as primary educators in the faith is considered vital and essential."

- Instrumentum Laboris, preparatory document for Synod of the family, #39

# **Baptism & Young Families**

#### **Growing Up Catholic Baptism Preparation**

- Connect with new parents in the reality of their daily lives in order to evangelize them.
- Help them step into their new role as parents and understand the faith connection.

# After the Plunge: Kit for Reaching out to Parents after Baptism

- Offer something meaningful and relevant to these young families.
- Stay connected to your young parents using our prepared plan and materials.

### Sacramental Preparation

#### **Growing Up Catholic**

First Eucharist, First Reconciliation, and Confirmation (in restored order)

- Coach parents alongside their children.
- Form the whole family through prayer, faith sharing, learning activities, and at-home goals.
- Take advantage of this great time to start coaching parents.
- Available in English & Spanish.



# **Family Catechesis**

#### **Growing Up Catholic**

#### Whole Family & Parent Catechesis

- Teach families together or with separate parent sessions.
- Cover a wide variety of topics, including standard catechism-based topics.



#### **Growing Up Catholic** Creation Care Curriculum, Music, and VBS

- Use these flexible resources to teach Pope Francis' encyclical.
- Mini-curriculum can be added to your existing program in 15-minute segments.

# **Take-Home Resources**

#### Handouts for Busy Parents

• Offer bite-sized faith formation that coaches parents on how to talk to their children about faith.

#### Hand-Picked Books for Families

• Find the best age-appropriate Bibles and books on parenting, family life, and making faith at home fun.